

CYCLONE

BE PREPARED • TAKE PRECAUTIONS • STAY SAFE

Teach response options to children



Ask children to stay inside and away from doors and windows



Ensure age-appropriate activities to help them reduce stress and trauma



Check for any signs of stress or trauma and provide support



Talk to your children, pay attention and let them explain their concerns and fears.



Get Out:
Get away from the disaster, go to cyclone shelter and stay there



Keep Out:
Keep danger out. Lock and Block doors, windows and stay away.



Hide Out:
Protect yourself in safe places like the innermost room, if roof is falling, stay under heavy furniture.

